

## NUTRITION

### EDUCATION

#### Midday Meal Scheme

In order to provide food security to the poor children and boosting school attendance, punctuality and attentiveness in the classrooms, eliminating dropouts, classroom hunger and also fostering social equity, the Government of Puducherry is implementing the Midday Meal Scheme covering the students from Pre-Primary to 12<sup>th</sup> standard in Govt. and Govt. aided schools. Due to the implementation, the dropout ratio in Primary Education is reduced to Nil from 1.97% in 2000-01.

#### The Salient Features of the Midday Meals scheme are as under:

- Implemented since 1930
- Implemented under **Central Assistance and State Plan**
- Students of **Pre-Primary to XII Std.** covered
- All Government/Government aided schools
- **1.07 lakh students** covered
- Midday meals are prepared in **12 Central Kitchens and 69 School Canteen Centres**
- Government issued guidelines for effective implementation
- Daily Menu - 130/160 grams (not exceed) of cooked Rice, Sambar with Green Leafy Vegetables Poriyal
- **75 grams of vegetables** per day per student
- Double fortified salt used in the meals
- **Boiled Egg** weekly thrice
- 12 grams of Bengal Gram / Beans included in the diet scale on non-egg days
- Rs.4.75 per student per day on vegetable day from I to V std. excluding free rice.
- Rs.7.00 per student per day on egg day from I to V std. excluding free rice.
- Rs.4.40 per student per day on vegetable day from VI to VIII std. excluding free rice.
- Rs.6.65 per student per day on egg day from VI to VIII std. excluding free rice.
- Rs.7.06 per student per day on Non-egg day from IX to XII Std. and Rs.9.31 on egg day.
- Per capita expenditure - Highest in the whole of India
- Nutritional value – Highest in the whole of India

- Government of India has allotted 2314.500 MTs of Rice for Primary and Upper Primary for the year 2011-12.
- Government of India has allotted **Rs.740.38 lakhs** as Central Assistance for the implementation of Midday Meal Scheme for the year 2011-12.
- Students are provided with the calories and proteins as under:

<b>Group</b>	<b>Calories</b>	<b>Protein</b>
<i>Standard I – IV on Vegetable day</i>	596	19 grams
<i>Standard I – IV on Egg day</i>	631	23 grams
<i>Standard V – XII on Vegetable day</i>	700	21 grams
<i>Standard V – XII on Egg day</i>	735	25 grams

### **Shri Rajiv Gandhi Breakfast Scheme**

In order to eradicate classroom hunger and also to increase enrolment, school attendance, punctuality and attentiveness in the classrooms, eliminating dropouts, the Government of Puducherry is implementing Shri Rajiv Gandhi Breakfast Scheme, which enhance the attentiveness of the students in classrooms. It contributes to gender equality by reducing the gender gap in Education by boosting female attendance in schools.

#### **Salient Features**

- Implemented since 14.08.2002
- The first of its kind in the whole of India
- Implemented under State Plan
- Students of Pre-Primary to XII Std. are covered for Breakfast Scheme
- Pre-Primary to X Std. for Evening Milk Scheme
- All Government/Government aided schools (462 Schools)
- 1.52 lakhs students covered (Both Morning and Evening)
- Government issued guidelines for effective implementation
- Daily Menu – 100ml. hot-milk, 35gms. Sweet Biscuits in the Breakfast Scheme
- 100ml. milk only in the Evening Milk Scheme
- From 2002 to 2007 by M/s. Pasic, Puduchery
- From June 2008 to till date by M/s. Ponlait, Puducherry

### **Diet Scale with Nutritional Value**

Name of the item	Quantity	Energy (Kcal)
Hot-milk	100 ml.	87
Sweet Biscuits (Britannia)	35 grams	150

### **Cost of the Diet Articles 2011-12**

Description	Pondicherry Rs. P.	Karaikal Rs. P.	Mahe Rs. P.	Yanam Rs. P.
Hot-milk 100 ml. with 5 grams of sugar (inclusive of transportation charges and all taxes)	5.00	4.90	5.10	5.10
Britannia Sweet Glucose Biscuits 35 grams [ISI] (incl. of transportation charges and all taxes)	2.50	2.60	2.70	2.70

### **ACHIEVEMENTS DURING 2007-11**

- Under Midday Meals Scheme & Rajiv Gandhi Break-fast scheme, 1,26,000 students (including 39,136 SCs students) are benefited.

### **LIKELY ACHIEVEMENTS DURING 2011-12**

- Under Midday Meals Scheme & Rajiv Gandhi Break-fast scheme, 1,26,000 students (including 39,136 SCs students) are benefited.

### **PROPOSED TARGETS FOR 2012-13**

- About 1,51,400 students will get benefited under Midday Meals Scheme and Morning Breakfast Scheme.
- Construction of Central Kitchens at 5 places will be under taken.

### **WOMEN & CHILD DEVELOPMENT**

ICDS Scheme, one of the Flagship programmes of the Government of India, is implemented through Five ICDS Projects and 788 Anganwadi Centres in the U.T. of Puducherry providing supplementary Nutrition to Children (0 to 6 years) and

Pregnant/Lactating mothers. The early childhood education is also provided in Anganwadi Centres to children in the age group of 3-6 years. As a new initiative, the Government of Puducherry is providing supplementary nutrition in holidays also.

#### **ACHIEVEMENTS DURING 2007-11**

- 32,000 children & 11,000 pregnant/lactating women were enrolled and provided Supplementary Nutrition in 788 Anganwadi Centres.

#### **LIKELY ACHIEVEMENTS DURING 2011-12**

- 32,000 children & 11,000 pregnant/lactating women are enrolled and provided Supplementary Nutrition in 788 Anganwadi Centres.

#### **PROPOSED TARGETS FOR 2012-13**

- 32,000 children & 11,000 pregnant/lactating women are to be enrolled and provided Supplementary Nutrition in 788 Anganwadi Centres.

## OUTLAY AT A GLANCE

Sector : NUTRITION

No. of Schemes : 2

Department : 1. EDUCATION

2. WOMEN & CHILD DEVELOPMENT

(₹ in lakh)

Eleventh Five Year Plan 2007-12 Approved Outlay	:	19546.04
Annual Plan 2007-10 Actual Expenditure	:	7736.86
Annual Plan 2010-11 Actual Expenditure	:	2353.49
Annual Plan 2011-12 Approved Outlay	:	2600.00
Annual Plan 2011-12 Revised Outlay	:	2400.00
Twelfth Five Year Plan 2012-17 Tentative Outlay	:	19211.17
Annual Plan 2012-13 Proposed Outlay	:	2901.00

(₹ in lakh)

Sl. No.	Name of the Scheme	Annual Plan 2010-11	Annual Plan 2011-12	Twelfth Plan 2012-17 (Tentative Outlay)	Annual Plan 2012-13
		Actual Expdr.	Approved Outlay	Proposed Outlay	Proposed Outlay
(1)	(2)	(3)	(4)	(5)	(6)

### SCHOOL EDUCATION

1.	Mid-day Meals to poor children studying in Stds.I to XII in Govt./ Govt. Aided Schools	768.42	803.00	--	--
2.	Provision of Breakfast to poor students studying in Govt. /Govt. Aided Schools	1388.56	1597.00	--	--
<b>Sub-Total</b>		<b>2156.98</b>	<b>2400.00</b>	--	--

### WOMEN & CHILD DEVELOPMENT

2.	Nutrition Component of ICDS including Nutrition programme for adolescent girls.	196.51	200.00	--	--
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(₹ in lakh)

Sl. No.	Name of the Scheme	Annual Plan 2010-11	Annual Plan 2011-12	Twelfth Plan 2012-17 (Tentative Outlay)	Annual Plan 2012-13
		Actual Expdr.	Approved Outlay	Proposed Outlay	Proposed Outlay
(1)	(2)	(3)	(4)	(5)	(6)

***Schemes for 2012-13 and 2012-17 after Zero Based Budgeting Exercise***

**SCHOOL EDUCATION**

1.	Providing of Mid-day meals and breakfast to poor students studying in Govt.& Govt. aided schools.	--	--	18211.17	2701.00
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**WOMEN & CHILD DEVELOPMENT**

2.	Nutrition Component of ICDS including Nutrition programme for adolescent girls.	--	--	1000.00	200.00
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**Total    2353.49        2600.00        19211.17        2901.00**

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*Note: The number of schemes indicates with reference to Draft Annual Plan 2012-13.*