

NUTRITION

(A) SCHOOL EDUCATION

In order to ensure maximum enrolment in the school and to reduce dropout, mid-day-meals are freely served to the students studying from I standard to XII standards in all Govt./Govt. aided schools. As per Supreme Court direction in the Writ petition (civil) No.196/01 every child should be provided with the minimum content of 300 calories and 8.12 grams Protein on each day of school for a minimum of 200 days. In the U.T of Puducherry 605 calories on vegetables day and 683 calories on egg day and 18 grams Protein on vegetable day and 24 gram protein on egg day is given to students. This is higher than the Supreme Court norms.

There are two schemes under Nutrition sector viz. (i) Mid-day meals schemes and (ii) Breakfast scheme. Apart from this, there is another sub-component, “Evening Milk scheme “under breakfast scheme. The Mid-day-meals schemes has been implemented in this Union Territory since the French regime (1930). At present the students from 1st standard to XII standard studying in Govt/Govt-aided schools are benefitted. There are 12 centralized modern kitchen, 10 Central kitchens, 92 school canteen centres. Apart from providing nutrition, These schemes play a vital role in boosting attendance, punctuality and attentiveness in the class room. Shri Rajiv Gandhi Break fast scheme and Shri Rajiv Gandhi Evening Milk Scheme have been implemented since 14-08-2002 and 2-10-2005 respectively.

PERFORMANCE DURING 2007-08 AND LIKELY ACHIEVEMENTS DURING 2008-09

1.26 lakhs students studying in the Pre-primary to XII Std. in the Government / Government aided Private Schools have been covered under the scheme in the year 2007-08. The concept of cooking the Midday meals in modernized Central Kitchen have been followed thereby the number of school canteen centres have been reduced from 102 centres to 92 centres in 2007-08. The construction work for the mega kitchen at Lawspet with a feeding strength of 20,000 students has been commenced in the year 2007-08. Out of 1.26 lakhs students, 38,000 students are from the S.C. community i.e. 26% of total coverage was S.C. students. The Shri Rajiv Gandhi Breakfast Scheme and Shri Rajiv Gandhi Evening Milk Scheme have been implemented from 14.08.2002 and 02.10.2005 respectively. Nearly 1.26

lakhs students have been covered under Shri Rajiv Gandhi Breakfast Scheme and 1.05 lakhs students under Shri Rajiv Gandhi Evening Milk Scheme.

1.30 lakhs students are proposed to be covered under Midday Meal Scheme / Shri Rajiv Gandhi Evening Milk Scheme in the year 2008-09 and out of which 39,116 S.C. students are likely to be covered. The civil works for the mega kitchen, Lawspet is proposed to be completed in the year 2008-09. The present Calorie value under Midday Meal Scheme is proposed to be increased in the year 2008-09.

PROPOSED TARGET FOR 2009-10

1.35 lakhs students are proposed to be covered under both schemes. Out of which 43000 students are S.C. students. The central kitchen, Lawspet is to be activated with a feeding strength of 20000 students which will reduce the number of school canteen centres from the present 26 to 15 and the coverage will be increased to a radius of 15 Kms. The construction work for the central kitchen at Kuruvinatham and K.T.Kuppam in Puducherry region and Sethur and Anna Nagar at Karaikal will be taken up. Micronutrients will be provided to the students through Health Department.

MIDDAY MEAL SCHEME AND BREAKFAST SCHEME

In order to provide food security to the poor children and boosting school attendance, punctuality and attentiveness in the classrooms, eliminating dropouts, classroom hunger and also fostering social / gender equity, the Government of Puducherry is implementing the Midday Meal Scheme from the period of French Regime i.e. from the year 1930.

Salient Features

- Implemented since 1930
- Implemented under Central Assistance and State Plan
- Students of Pre-Primary to XII Std. covered
- All Government/Government aided schools
- 1.26 lakh students covered
- Midday meal prepared in 12 Central Kitchens and 92 School Canteen Centres
- Government issued guidelines for effective implementation

- Daily Menu - 130/160 grams of cooked Rice, Sambar with Vegetable Poriyal
- 75 grams of vegetables per day per student
- Double fortified salt used in the meals
- Boiled Egg weekly twice
- Rs.3.65 per student per day on vegetable day from I to V std. excluding free rice.
- Rs.5.15 per student per day on egg day from I to V std. excluding free rice.
- Rs.5.25 per student per day on vegetable day from VI to XII std.
- Rs.6.75 per student per day an egg day from VI to XII std.
- Per capita expenditure - Highest in the whole of India
- Nutritional value – Highest in the whole of India

The Midday Meal Scheme is being implemented effectively in Puducherry. Due to the effective implementation of Midday Meal Scheme in Puducherry, the drop-out ratio in primary level is reduced from 11.32 % in 2004 to 4.43% in 2006. (Source: Cohort study). This 4.43% is mainly attributed to the migration of people from the neighboring districts to Puducherry and vice-versa and otherwise the same may be construed as **Nil**. The dropout ratio in 2007-08 is **Nil** in Primary level. Similarly the dropout ratio in upper primary is reduced from 7.65% in 2004 to 5.13% in 2006.

Salient Features under Shri Rajiv Gandhi Breakfast Scheme / Shri Rajiv Gandhi Evening Milk Scheme

- Implemented since 14.08.2002 / 02.10.2005 respectively
- The first of its kind in the whole of India
- Implemented under State Plan
- Students of Pre-Primary to XII Std. / Pre-primary to X Std. covered
- All Government/Government aided schools
- 1.26 lakh students / 1.05 lakhs students covered
- Government issued guidelines for effective implementation
- Daily Menu – 150ml. Standardized hot-milk, 35gms. Sweet Biscuits- All school working days (SRBS) Daily Menu under Shri Rajiv Gandhi Evening Milk Scheme – 150ml. standardized hot milk
- Per capita expenditure is the highest in the whole of India.

(B) WOMEN AND CHILD DEVELOPMENT

ICDS Scheme is one of the important Welfare Schemes with an aim to eradicate mal-nutrition among children. - Five ICDS Projects and 688 Anganwadi Centres are functioning for providing Supplementary Nutrition to Children (0-6 years) and mothers (PM/LM) under this scheme. The early childhood education is also provided in AWCs to children in the age group of 3-6 yrs. Mothers are provided with Nutrition Education to build up the young generation physically sound and make them fit to bring up the nation on the global competitive development. 29,910 children & 9,482 mothers were enrolled IN 688 Anganwadi Centres and provided Supplementary Nutrition during the year 2007-08. Supplementary Nutrition Food will be provided to 29,070 children and 9,180 mothers during 2008-09.

CENTRALLY SPONSORED SCHEME

The following Centrally Sponsored Schemes are implemented :

(Rs. lakhs)

Sl. No.	Scheme Name	2008-09		2009-10 Proposed Outlay
		Agreed Outlay	Anticipated Expdr.	
Education				
1.	National Programme for Nutritional Support	--	380.61	--
Women and Child Development				
1.	Integrated Child Development	242.52	242.52	250.00
2.	Integrated Child Development Services – Special Nutrition	241.01	241.01	250.00
	Sub-total	483.53	483.53	500.00
	Total	483.53	864.14	500.00

OUTLAY AT A GLANCE

Sector : NUTRITION

No. of Schemes : 4

Department : 1. EDUCATION

2. WOMEN & CHILD DEVELOPMENT

(Rs. in lakh)

Eleventh Five Year Plan 2007-12 Approved Outlay	:	19546.04
Annual Plan 2007-08 Actual Expenditure	:	2239.90
Annual Plan 2008-09 Approved Outlay	:	2013.27
Annual Plan 2008-09 Revised Outlay	:	2032.67
Annual Plan 2009-10 Proposed Outlay	:	3256.00

(Rs. in lakh)

Sl. No.	Name of the Scheme	Eleventh Five Year Plan 2007-12	Annual Plan 2007-08	Annual Plan 2008-09		Annual Plan 2009-10
		Approved Outlay	Actual Expdr.	Approved Outlay	Revised Outlay	Proposed Outlay
(1)	(2)	(3)	(4)	(5)	(6)	(7)

SCHOOL EDUCATION

1.	Mid-day Meals to poor children studying in Stds.I to XII in Govt. / Govt. Aided Schools	6267.50	754.40	628.00	628.00	900.00
2.	Provision of Breakfast to poor students studying in Govt. /Govt. Aided Schools	11776.23	1222.75	1154.67	1154.67	2100.00
3.	Provision of nutritious food to the students of X and XII standard in the evening as an incentive to attend special class beyond school hours.	100.00	--	--	--	--
Sub-Total		18143.73	1977.15	1782.67	1782.67	3000.00

Sl. No.	Name of the Scheme	Eleventh Five Year Plan 2007-12	Annual Plan 2007-08	Annual Plan 2008-09		Annual Plan 2009-10
		Approved Outlay	Actual Expdr.	Approved Outlay	Revised Outlay	Proposed Outlay
(1)	(2)	(3)	(4)	(5)	(6)	(7)

WOMEN & CHILD DEVELOPMENT

4.	Nutrition component of ICDS	1250.00	262.75	204.60	224.00	230.00
5.	Pilot Project for the grant of food grains to the undernourished pregnant / lactating mothers and adolescent girls	152.31	--	26.00	26.00	26.00
Sub-Total		1402.31	262.75	230.60	250.00	256.00
Total		19546.04	2239.90	2013.27	2032.67	3256.00