

## NUTRITION

It has been indicated in the Common Minimum Programme of the UPA that a national cooked nutritious Mid-day meal scheme funded mainly by the Central Government, will be introduced in Primary and Secondary Schools. In order to ensure maximum enrolment in the school and to reduce dropout, mid-day meals are freely served to the students studying from Pre-Primary to XII standards in all Govt. / Govt. Aided Schools. As per Supreme Court direction in the Writ petition (civil) No. 196/01 every child should be provided with the minimum content of 300 calories and 8.12 grams of Protein on each day of school for a minimum of 200 days. In the Union Territory of Puducherry 605 calories on vegetable day and 683 calories an egg day and 18 gram Protein and vegetable day and 24 gram protein an egg day is given to the student. In order to make the students studying from Pre-primary to VIII standard more energetic and to eliminate malnutrition, to increase enrolment, retention and to mould them worthy / healthy citizens, the new component "Shri Rajiv Gandhi Evening Milk Scheme" has been implemented. Under this programme standardized hot milk 150 ml. per student is being supplied in the evening. 85,000 students are covered under this programme. During 2006-07, 1,32,000 students separately under Mid-day meals and Shri Rajiv Gandhi Breakfast scheme will be benefited. Besides, 85,000 students upto VIII will be benefited under Shi Rajiv Gandhi Evening Milk Programme during the Annual Plan 2006-07. Under Mid-day Meals scheme it is proposed to supply curd weekly twice. In order to ensure timely supply of meals in hygienic conditions construction of more number of modernize central kitchens will be taken up. During XI Five Year Plan (2007-12) it is proposed to modify the diet scale so as to provide 750 calories per day per student as against the present Diet Scale of 605 calories on non-egg days. Two lakh students under Mid-day Meals and Breakfast scheme are to be covered separately.

In order to make the students studying in 10<sup>th</sup> standard and 12<sup>th</sup> standard to be more energetic, enthusiastic and attentive during special coaching beyond school hours, it is proposed to introduce a new scheme called, "Provision of Nutrition food to the students of X and XII standard in the evening as an incentive to attend special classes beyond school hours". 20,000 students are expected to benefit during 2007-08 under this scheme.

One central kitchen at Mahe and two central kitchen at Karaikal will be constructed. Rajiv Gandhi Evening Milk scheme will be extended to cover the students studying in IX and X stds.

ICDS Scheme is one of the Welfare Schemes of this state - Five ICDS Projects and 677 Anganwadi Centres are functioning for providing Supplementary Nutrition to Children (0-6 years) and Mothers (PM/LM) under this scheme. The early childhood education is also provided in AWCs to children in the age group of 3-6 yrs. Mothers are provided Nutrition Education to build up the young generation physically sound and make them fit to bring up the nation on the global competitive development. Under Integrated Child Development Services Scheme Supplementary Nutrition Food will be provided to 38,000 children and 12,000 mothers during 2007-08. Further under the scheme "Pilot Project to provide food grains (Rice) to undernourished Pregnant / Lactating mothers and Adolescent Girls" free supply of rice at the rate of 6 Kg per month to each beneficiary will be provided to 5284 beneficiaries during 2007-08.

## OUTLAY AT A GLANCE

Sector : NUTRITION

No. of Schemes : 5

Department : 1. SCHOOL EDUCATION  
2. WOMEN & CHILD DEVELOPMENT

(Rs. in lakh)

Tenth Plan 2002-07 Approved Outlay	:	3,575.00
Annual Plan 2002-05 Actual Expenditure	:	4,564.27
Annual Plan 2005-06 Actual Expenditure	:	1,873.79
Annual Plan 2006-07 Approved Outlay	:	2,090.00
Annual Plan 2006-07 Revised Outlay	:	2,232.67
Eleventh Five Year Plan 2007-12 Proposed Outlay	:	18,120.00
Annual Plan 2007-08 Proposed Outlay	:	2,880.00

(Rs. in lakh)

Sl. No.	Name of Scheme	Annual Plan 2005-06	Annual Plan 2006-07		Eleventh Plan 2007-12	Annual Plan 2007-08
		Actual Expdr.	Approved Outlay	Revised Outlay	Proposed Outlay	Proposed Outlay
(1)	(2)	(3)	(4)	(5)	(6)	(7)

### SCHOOL EDUCATION

1.	Mid-day Meals to poor children studying in Stds. I to XII in Govt./ Govt. Aided Schools	701.23	745.00	749.78	5,967.50	865.00
2.	Provision of Break fast to poor students studying in Govt./ Govt. Aided Schools	986.09	1,085.00	1,222.89	10,752.50	1,655.00
3.	Provision of Nutritious food to the students of X and XI standard in the evening as an incentive to attend special class beyond school hour	--	--	--	100.00	100.00

<b>Sub total</b>	<b>1,687.32</b>	<b>1,830.00</b>	<b>1,972.67</b>	<b>16,820.00</b>	<b>2,620.00</b>
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### WOMEN & CHILD DEVELOPMENT

4.	Nutrition Component of ICDS including Nutrition Programme for adolescent girls.	182.31	240.00	240.00	1,200.00	240.00
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(Rs. in lakh)

(1)	(2)	(3)	(4)	(5)	(6)	(7)
5.	Pilot Project to provide food grains to under nourished pregnant / lactating mothers and adolescent girls.	4.16	20.00	20.00	100.00	20.00
	<b>Sub total</b>	<b>186.47</b>	<b>260.00</b>	<b>260.00</b>	<b>1,300.00</b>	<b>260.00</b>
	<b>TOTAL</b>	<b>1,873.79</b>	<b>2,090.00</b>	<b>2,232.67</b>	<b>1,8120.00</b>	<b>2,880.00</b>

**Scheme No. 1**

Sector : Nutrition

Implementing  
Department : School Education  
Women & Child  
Development

**1. Name of the Scheme** : Mid-day Meals to Poor Children studying in Standard I to XII standard in Govt. / Govt. Aided Schools.

**2. Objective of the Scheme** :

As an incentive for retention of students in the school and to popularize Elementary Education and to reduce the drop out rate among the students due to poverty, Mid-day Meals will be supplied to all poor students studying from Standards I to XII standards in all Government / Government Aided Schools.

(Rs. in lakh)

**3. Tenth Plan 2002-07**

(a) 2002-05 (Actual Expenditure)	:	<b>1202.71</b>
(b) 2005-06 (Actual Expenditure)	:	<b>701.23</b>
(c) 2006-07 (Approved Outlay)	:	<b>749.91</b>
(d) 2006-07 (Revised Outlay)	:	<b>817.75</b>

(e) **Actual Physical Achievement (2002-05)** :

3,75,000 students were benefited.

(f) **Actual Physical Achievement (2005-06)** :

1,26,000 students were benefited.

(g) **Anticipated Physical Achievement (2006-07)** :

- (i) 1,32,000 students will be benefited.
- (ii) Pre-primary schools (LKG/UKG) will also be covered
- (iii) Purchase of 1 four- wheeler for CEO, Karaikal.
- (iv) Creation of necessary posts.
- (v) Curd will be supplied twice in a week to students from LKG to XII standard students in Govt. / Govt. aided schools (E.M - Assembly Assurance).

**4. Proposed Outlay for the Eleventh Plan (2007-12)** : **5967.50**

**Proposed Outlay for the Annual Plan (2007-08)** : **865.00**

**5. Programme envisaged for the Eleventh Plan (2007-12) :**

- (i) Pre-primary schools (LKG/UKG) will also be covered

- (ii) Curd will be supplied twice in a week to students from LKG to XII standard in Govt. / Govt. aided schools (E.M - Assembly Assurance).
- (iii) Purchase of 1 four- wheeler for CEO, Karaikal.
- (iv) Dining Hall will be constructed in all schools wherever site is available
- (v) Diet scale will be modified under mid-day meals to provide 750 Calorie per day per student on Non-egg day.
- (vi) 2,00,000 students will be benefited.
- (vii) Creation of posts:-

	Category of posts	CEO (P)	CEO (K)	CEO (M)	Yanam	Total
1.	JAO (Rs.6500 – 10500)	1	-	-	-	1
2.	Stock Verifier (Rs.5500 – 9000)	-	1	-	-	1
3.	Mid-day meals Supervisor (Rs.5500 – 9000)	-	4	-	-	4
7.	Part time Driver	-	3	-	-	3
8.	Dietician	-	-	-	1	1
9.	Assistant (Rs.5000 – 8000)	2	-	-	2	4
10.	Store Assistant	-	-	-	2	2
11.	UDC (Rs.4000 – 6000)	4	-	-	-	4
12.	Storekeeper Gr-I	-	-	-	2	2
13.	Boiler Attender (Rs.2550 – 3200)	3	-	-	-	3
14.	Attender (Rs.2750 – 4400)	1	-	-	-	1
15.	LDC (Rs.3050 – 4590)	1	-	-	-	1
16.	Kitchen Helper (Rs.2550 – 3200)	150	-	-	-	150
17.	DEO (Rs.5000 – 8000)	1	-	-	-	1
18.	Superintendent (Rs.6500 – 10500)	1	-	-	-	1
19.	Storekeeper Gr-II (Rs.4000 – 6000)	12	-	-	-	12
20.	Sanitary Assistant (Rs. 2550-50-2990)	1	-	-	-	1
	Total	177	8	7	-	192

**6. Programme envisaged for the Annual Plan (2007-08) :**

- (i) 1,40,000 students will be benefited.
- (ii) Pre-primary schools (LKG/UKG) will also be covered
- (iii) Curd will be supplied twice in a week to students from LKG to XII standard in Govt. / Govt. aided schools (E.M - Assembly Assurance).
- (iv) Purchase of 1 four- wheeler for CEO, Karaikal.
- (v) Dining Hall will be constructed in all schools wherever site is available
- (vi) Diet scale will be modified under mid-day meals to provide 750 Calorie per day per student on Non-egg day.

(vii) Creation of posts:-

	Category of posts	CEO (P)	CEO (K)	CEO (M)	Yanam	Total
1	Stock Verifier (Rs.5500 – 9000)	-	1	-	-	1
2	Mid-day meals Supervisor (Rs.5500 – 9000)	-	3	-	-	3
3	Part time Driver	-	2	-	-	2
4	Dietician	-	-	-	1	1
5	Assistant (Rs.5000 – 8000)	-	-	-	2	2
6	Store Assistant	-	-	-	2	2
7	Storekeeper Gr-I	-	-	-	2	2
8	Boiler Attender (Rs.2550 – 3200)	3	-	-	-	3
9	Kitchen Helper (Rs.2550 – 3200)	150	-	-	-	150
	Total	153	6	-	7	166

7. **Remarks** : Continuing Scheme.

#### Scheme No. 2

Sector : Nutrition

Implementing

Department : School Education

1. **Name of the Scheme** : Provision of Breakfast to poor students studying in Govt. / Govt. aided schools. (PMGY)

2. **Objective of the Scheme** :

As many of the poor children have come to school without taking breakfast due to poverty and are also reported to have been fainted due to starvation during school assembly, it has been proposed to provide breakfast (2 slices of bread) to poor children studying in standards I to VIII in Govt. / Govt. aided schools. This will enable the students to attend to lessons with stamina and diligence. The scheme is called as Shri Rajiv Gandhi Breakfast Scheme. This scheme will be extended upto XII Std in the XI Five Year Plan. Besides, Milk is supplied to the students in the evening under Shri Rajiv Gandhi Evening Milk Scheme.

Diet Scale with Nutritional value.

Name of the Item	Quantity	Energy (Cal)
Hot milk	150 ml	100
Sweet Biscuit (Britania)	35 grams	150
Sweet Bread (Modern)	80 grams	150

(Rs. in lakh)

**3. Tenth Plan 2002-07**

(a) 2002-05 (Actual Expenditure)	:	<b>2023.88</b>
(b) 2005-06 (Actual Expenditure)	:	<b>986.09</b>
(c) 2006-07 (Approved Outlay)	:	<b>1085.00</b>
(d) 2006-07 (Revised Outlay)	:	<b>1222.89</b>
(e) Actual Physical Achievement (2002-05)	:	
5,00,000 Students (cumulative) were benefitted.		
(f) Actual Physical Achievement (2005-06)	:	

A novel programme called "Shri Rajiv Gandhi Evening Milk Scheme" has been inaugurated on 02-10-2005. 1,26,000 students were benefitted.

**(g) Anticipated Physical Achievement (2006-07) :**

- (i) 1,30,000 students to be benefitted.
- (ii) Children of Pre-primary schools (LKG/UKG) will also be covered.
- (iii) Extension of the scheme to students studying upto XII Std.
- (iv) Purchase of computer.
- (v) Provision of standardized hot milk 150 ml. Per student in the evening under Shri Rajiv Gandhi Evening Milk Scheme. 85,000 students studying from pre-primary to VIII.
- (vi) Creation of necessary posts.
- (vii) Extension of Shri. Rajiv Gandhi Evening Milk Scheme to 9th and 10th standards (C.M - Budget Announcement).

(Rs. in lakh)

<b>4. Proposed Outlay for the Eleventh Plan (2007-12)</b>	:	<b>10752.50</b>
<b>Proposed Outlay for the Annual Plan (2007-08)</b>	:	<b>1655.00</b>

**5. Programme envisaged for the Eleventh Plan (2007-12) :**

- (i) 2,00,000 students are expected will be benefitted
- (ii) Extension of the scheme to students studying upto XII Std.
- (iii) Provision of standardized hot milk 150 ml. Per student in the evening under Shri Rajiv Gandhi Evening Milk Scheme. 85,000 students studying from pre-primary to VIII.
- (iv) Extension of Shri. Rajiv Gandhi Evening Milk Scheme to 9th and 10th standards (C.M - Budget Announcement).

**6. Programme envisaged for the Annual Plan (2007-08) :**

- (i) 1,40,000 students are expected to be benefitted.
- (ii) Children of Pre-primary schools (LKG/UKG) will also be covered.
- (iii) Extension of the schemes to students studying upto XII standard .
- (iv) Purchase of computer.

**7. Remarks :** Continuing Scheme.

**Scheme No. 3**

Sector : Nutrition

Implementing  
Department : School Education

**1. Name of the Scheme** : Provision of Nutritious food to the students of X and XII standard in the evening as an incentive to attend special class beyond school hour.

**2. Objective of the Scheme** :

The X and XII std. Public Examinations are the most vital and important Examinations in the student's career and it is a turning point in their life. The successful outcome of these Examinations alone guides their future in a right path. Hence, in order to prepare them for these crucial Public Examination, special classes have to be conducted in each and every school beyond school hours. These students may also be taught to develop a habit of staying in the school for reading beyond school hours. This will definitely improve the pass percentage in the X std. as well as XII std. Public Examinations for which a new scheme "Provision of nutritious food to the students of X and XII std. in the evening" may be introduced during the XI Five Year Plan as an incentive to the students to attend special classes beyond school hours.

(Rs. in lakh)

**3. Tenth Plan 2002-07**

(a) 2002-05 (Actual Expenditure)	:	
(b) 2005-06 (Actual Expenditure)	:	--
(c) 2006-07 (Approved Outlay)	:	--
(d) 2006-07 (Revised Outlay)	:	--
(e) Actual Physical Achievement (2002-05)	:	
(f) Actual Physical Achievement (2005-06)	:	
(g) Anticipated Physical Achievement (2006-07)	:	

**4. Proposed Outlay for the Eleventh Plan (2007-12)** : 100.00

**Proposed Outlay for the Annual Plan (2007-08)** : 100.00

**5. Programme envisaged for the Eleventh Plan (2007-12)** : 35,000 students

**6. Programme envisaged for the Annual Plan (2007-08)** : 20,000 students

**7. Remarks** : New Scheme.



**Scheme No. 4**

Sector : Nutrition

Implementing  
Department : Women and Child  
Development

**1. Name of the Scheme** : Nutrition Component of Integrated Child Development Services including Nutrition programme for adolescent girl.

**2. Objective of the Scheme** :

To provide Supplementary provision to Children of 0-6 years and Mothers PM/LM in AWCs enrolled as beneficiaries.

(Rs. in lakh)

**3. Tenth Plan 2002-07**

(a) 2002-05 (Actual Expenditure) : 2684.68

(b) 2005-06 (Actual Expenditure) : 182.31

(c) 2006-07 (Approved Outlay) : 240.00

(d) 2006-07 (Revised Outlay) : 240.00

(e) Actual Physical Achievement (2002-05) :

Children (06 - 6 yrs) - 28519 Nos.  
Mother (PM/LM) - 9210 Nos.

(f) Actual Physical Achievement (2005-06) :

Children (06 - 6 yrs) - 29070 Nos.  
Mother (PM/LM) - 9180 Nos.

(g) Anticipated Physical Achievement (2006-07) :

Children (06 - 6 yrs) - 31,000 Nos.  
Mother (PM/LM) - 10,000 Nos

**4. Proposed Outlay for the Eleventh Plan (2007-12) : 1,200.00**

**Proposed Outlay for the Annual Plan (2007-08) : 240.00**

**5. Programme envisaged for the Eleventh Plan (2007-12) :**

One new Integrated Child Development Services Project with 100 Anganwadi Centers will be started covering the population growth

**6. Programme envisaged for the Annual Plan (2007-08) :**

One new Integrated Child Development Services Project with 100 Anganwadi Centers will be started covering the population growth.

**7. Remarks** : Continuing Scheme.

**Scheme No. 5**

Sector : Nutrition

Implementing  
Department : Women and Child  
Development

**1. Name of the Scheme** : Pilot project to provide food grains to undernourished pregnant/lactating mothers and adolescent girls.

**2. Objective of the Scheme** :

Rice to under nourished PM/LM/AG i.e. having low body weight will be provided for free of cost in Karaikal region at the rate of 6 Kgs. Per beneficiary per month

(Rs. in lakh)

**3. Tenth Plan 2002-07**

(a) **2002-05 (Actual Expenditure)** : **4.37**

(b) **2005-06 (Actual Expenditure)** : **4.16**

(c) **2006-07 (Approved Outlay)** : **20.00**

(d) **2006-07 (Revised Outlay)** : **20.00**

(e) **Actual Physical Achievement (2002-05)** :

5284 beneficiaries (PM/LM/AG) identified for distribution of rice for free of cost through PDS in Karaikal region.

(f) **Actual Physical Achievement (2005-06)** :

Free supply of rice @ 6 kg per month to 5284 beneficiaries

(g) **Anticipated Physical Achievement (2006-07)** :

Free supply of rice @ 6 kg per month to 5284 beneficiaries

**4. Proposed Outlay for the Eleventh Plan (2007-12)** : **100.00**

**Proposed Outlay for the Annual Plan (2007-08)** : **20.00**

**5. Programme envisaged for the Eleventh Plan (2007-12)** :

Free supply of rice @ 6 kg per month to 5284 beneficiaries.

**6. Programme envisaged for the Annual Plan (2007-08)** :

Free supply of rice @ 6 kg per month to 5284 beneficiaries.

**7. Remarks** : Continuing Scheme.